

365 Journal Prompts for Creative Writers

Character Development

- Describe your character's morning routine in detail.
- Write about your character's first heartbreak.
- What is your character hiding from everyone?
- Describe your character's relationship with their parents.
- Write about a day your character would call 'the best day ever'.
- What secret does your character wish they could tell?
- How does your character react to failure?
- Describe your character's most treasured possession.
- Write about a skill your character wishes they had.
- How would your character describe themselves in a letter to a stranger?
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Worldbuilding

- Describe a street market in your fictional world.
- Invent a holiday and describe its traditions.
- Describe the weather patterns in your world.
- What kind of currency is used, and what does it look like?
- Describe a landmark and the story behind it.
- Invent a superstition and explain its origin.
- Describe a unique plant or animal in your world.
- What transportation methods exist?
- Write about a famous building and its history.
- Describe a local dish and how it's prepared.
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Plot and Conflict

- Write about a mysterious letter arriving unexpectedly.

- Describe a confrontation between two friends.
- What happens when a long-kept secret is revealed?
- Write about an overheard conversation that changes everything.
- Describe a sudden change in the weather that disrupts plans.
- A character finds something they weren't supposed to see—what is it?
- Write about a journey gone wrong.
- Describe a moment when time seems to stand still.
- What happens when two characters want the same thing?
- Write about an object that everyone seems to want.
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Emotion and Reflection

- Describe a time you felt truly free.
- Write about a moment of overwhelming joy.
- Describe the feeling of loss without using the word 'sad'.
- Write about a time you forgave someone.
- Describe the sensation of waiting for important news.
- Write about a kindness you'll never forget.
- Describe a place that feels like home.
- Write about a time you felt completely out of place.
- Describe the sound of your favorite memory.
- Write about a dream you wish you could relive.
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Descriptive Practice

- Describe the smell of rain on pavement.
- Write about the taste of your favorite comfort food.
- Describe the feeling of walking barefoot in grass.
- Write about the texture of an old, worn book.
- Describe a sunset without using the word 'sun'.
- Write about the sound of a city waking up.
- Describe a storm as if it were alive.
- Write about the feeling of holding something fragile.
- Describe a color without naming it.
- Write about the scent of a childhood memory.

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