

## **7 Quick Actions to Crush Writers Block**

1. Change your writing environment to spark fresh ideas.
2. Set a timer and free write without worrying about quality.
3. Break your project into smaller, more manageable tasks.
4. Read something in a completely different genre.
5. Use a creative writing prompt to jumpstart inspiration.
6. Try writing at a different time of day than usual.
7. Step away and take a creative rest to recharge your mind.